

# MID/LOWER CERVICAL MOBILIZATIONS

## CERTIFICATE OF EXCELLENCE IN ASSESSMENT

### COURSE OVERVIEW

This one day practical course will focus on the therapist's ability to assess and treat joint stiffness in the mid/lower cervical spine. The techniques learned will help the therapist understand the biomechanics of the region and to be able to treat neck pain and headaches caused by joint dysfunctions. Three different techniques of mobilizing the neck z-joints (facets) and complimentary home exercises will be taught in detail. This course is designed so that the therapist's clinical reasoning skills will be challenged, and the knowledge gained will be easy for the therapist to apply to clinical practice right away.

**DATE:** Sunday, April 7, 2019

**TIME:** 9:00am – 5:00pm

**LOCATION:** Sutherland-Chan School of Massage Therapy, 330 Dupont St., Suite 400, Toronto, ON.

*For more information, visit [www.rmtao.com](http://www.rmtao.com)*

### PRESENTER INFORMATION

#### **Aaron Rutter, PT, BScPT, FCAMPT, CAFCI, Registered Physiotherapist**

Aaron has been a member of the Peterborough Physiotherapy and Sports Injuries Clinic team as a Registered Physiotherapist since 2000. Over the last 5 years Aaron has been voted the best Physiotherapist in Peterborough by the local newspaper.

A graduate of Queen's University with a Bachelor of Science in Physical Therapy (BScPT), Aaron also has the distinction of working for the University as an Adjunct I Professor involved in the clinical education of physiotherapy students. In 2013 he won a National Award given out by the Canadian Physiotherapy Association for his contributions.

Aaron has been a Fellow of the Canadian Academy of Manipulative Physiotherapists (FCAMPT) since 2006, holding a Certificate of Advanced Manual and Manipulative Physiotherapy. He has been certified with the Acupuncture Foundation of Canada Institute (CAFCI) since 2008. Aaron also holds post-graduate training in many other orthopedic treatment approaches including McKenzie, Mulligan, soft tissue release and dry needling.

In 2009 Aaron teamed up with the Registered Massage Therapists' Association of Ontario (RMTAO) to teach courses on assessment skills. His courses now allow participants to earn a Certificate of Excellence in Assessment given out by the RMTAO.



## REGISTRATION FORM

CONTACT INFORMATION			
First Name		Last Name	
Address			
City		Province	
Postal Code		RMTAO Member #	
Telephone		Facsimile	
Email			
REGISTRATION FEES			
<i>Please select the applicable registration option below (prices include HST)</i>			
Select One	Category		Price
<input type="checkbox"/>	** Early Bird RMTAO Member Registration ** <i>(Valid until March 22, 2019)</i>		\$192.10
<input type="checkbox"/>	RMTAO Member Registration		\$224.87
<input type="checkbox"/>	Non-Member Registration		\$281.37
<input type="checkbox"/>	Student Registration		\$113.00
PAYMENT INFORMATION			
<input type="checkbox"/>	Cash (Can be dropped off at the RMTAO Office, <u>please do not mail cash</u> )		
<input type="checkbox"/>	Cheque (Please make cheques payable to the RMTAO)		
<input type="checkbox"/>	VISA / MasterCard – Please complete the following:		
	Card Number:		
	Expiry Date (month/year):		
	Cardholder Name:		
	Signature:		
<p><b>Cancellation Policy:</b> All cancellations, amendments and substitutions must be made in writing to the Registered Massage Therapists' Association of Ontario. Cancellations by telephone will not be accepted. A cancellation fee of \$25.00 (plus HST) will apply to any cancelled registration. No refund will be given for any registration cancelled after 5:00pm on March 29, 2019 or for non-attendance. You may substitute a replacement delegate free of charge.</p>			